



THE ONE ANOTHERS

Confess Your Sins to One Another

James 5:16
(Notes for leaders are in black)

Leaders, this discussion requires trust and vulnerability and is probably best saved for later in the season.

CONFESS YOUR SINS: SECTION ONE

TAKEAWAY: Help the group see that confessions are met with love and grace rather than judgment.

Therefore, confess your sins to one another and pray for one another that you may be healed.

- James 5:16

1. Why do we find it so challenging, or even scary, to confess our sins to one another?
2. What would you say if someone you loved or cared about confessed a sin to you? Greed? Pride? Lust? Substance abuse? Thoughts of infidelity?
3. If we know we would respond that way, wouldn't we assume our friends would respond to our sin in similar ways?
4. Have you ever wanted to confess your sin to a trusted friend but ultimately did not do it? What do you think kept you from sharing?

CONFESS YOUR SINS: SECTION TWO

TAKEAWAY: We need to think about being the kind of safe space and person that people can share with.

5. Have you ever actually confessed sin to a Christian brother or sister? How did they respond?

Use your discretion with this thought, but if someone has never confessed their sin to anyone at any time, they probably should be pressed to do so.

6. Think of that person you confessed to, or the person to whom you would confess now if you needed to. What is true of them that makes them trustworthy to receive your confession?

CONFESS YOUR SINS: SECTION THREE

TAKEAWAY: How we can practically apply this discussion.

7. What can we do to become the kind of person other people trust with their confessions?
8. What are the benefits of being people who confess to one another?

